

Pages 1 and 2 – Description of stages  
Page 3 – Restriction Guidelines (Graphic)

Governor Murphy's multi-stage approach to reopening includes the following stages:

### **STAGE 1**

Restrictions relaxed on low-risk activities if appropriately safeguarded.

***New Jersey is currently in this stage, as postmark date 5/27/2020***

Phased-in businesses may include:

- Non-essential, but easiest to safeguard, work activities at physical locations if they meet safeguarding and modification guidelines. For example, non-essential construction with protections.
- Some non-essential retail may open with significant modifications. For example, curbside pickup.
- All workers who can work from home continue to work from home even if their industry is reopening. For example, an office manager for a construction company.
- Phased-in activities include State and county parks, non-essential construction, curbside retail, drive-in activities, beaches, and elective surgeries.

### **STAGE 2**

Restrictions are relaxed on additional activities that can be easily safeguarded.

Phased-in businesses may include:

- More work activities are allowed at physical locations only if they adhere to safeguarding and modification guidelines. For example, work activities to be phased-in over the course of Stage 2 may include expanded retail, safeguarded restaurants with outdoor seating, limited personal care, and possibly indoor dining, museums, and libraries, all with significantly reduced capacity.
- All workers who can work from home continue to work from home. For example, a buying manager for restaurants.
- Some personal care services may be provided on a limited basis.

### **STAGE 3**

Restrictions are relaxed on most activities with significant safeguarding.

Phased-in businesses include:

- More work activities, including in-person meetings, are allowed at physical locations only if they can adhere to safeguarding guidelines and modifications. For example, work activities to be phased-in over the course of Stage 3 may include expanded dining, critical in-office work, limited entertainment, expanded

personal care, and bars with limited capacity.

- All workers who can work from home continue to work from home. For example, accounting office workers.
- Personal care services may be provided on a more extended basis.
- Precautions that apply across all stages include:
  - Work that can be done from home should continue to be done from home.
  - Clinically high-risk individuals who can stay at home should continue to do so.
  - All residents and businesses should follow state and federal safeguarding guidelines:

- Wash hands
- Wear masks in public
- Respect social distancing
- Minimize gatherings
- Disinfect workplace and businesses
- Minimize gatherings
- No mass gatherings

New Jersey will move toward subsequent stages based on data that demonstrates improvements in public health and the capacity to safeguard the public, including:

- Sustained improvements in public health indicators, including new COVID-19 cases, hospitalizations, individuals in intensive care, and ventilator use.
- Substantial increase in testing and contact tracing capacity.
- Sufficient resilience in New Jersey's health care system to include adequate bed capacity, ventilators, personal protective equipment, and workforce.
- Widespread safeguarding of workplaces.
- Widespread safeguarding and capacity of child care, schools, and transit.
- Continued public compliance.

If public health indicators, safeguarding, or compliance worsen on a sustained basis, New Jersey will be prepared to move back to more restrictive stages as well.

Before the state reopens, Murphy said four factors are key: a sustained drop in the curve, expanded testing, contact tracing, and safe places for people to isolate.

Outlined NJ Plan [6 principles for reopening New Jersey](#):  
New Jersey [General Public FAQ's](#)



# The Road Back: Restoring Economic Health through Public Health



◀◀ If health metrics develop unfavorably, measures from the maximum restrictions stage or stages 1, 2, 3 may be reinstated

<b>What is happening?</b>	Strict social distancing Non-crucial industries closed	Restrictions relaxed on low-risk activities that may be easier to safeguard	Moderate-risk activities restarted with safeguarding	Higher-contact activities restarting with significant safeguarding
<b>Which precautions apply across stages?</b>	Work that can be done from home should be done from home	Clinically high-risk individuals who can stay at home should do so	Residents and businesses should follow state and federal safeguarding guidelines: Wash hands regularly Respect social distancing Disinfect workplaces Wear masks in public Limit gatherings No mass gatherings	
<b>Which businesses are open?</b>	Crucial industries with safeguarding and modifications, e.g., emergency healthcare, essential construction with social distancing	Easiest to safeguard work activities with safeguarding and modifications, e.g., non-essential construction with protections, curbside retail	More work activities allowed with safeguarding and modifications, e.g., outdoor dining, limited personal care	Most work activities allowed at physical locations with safeguarding & modifications
<b>Which social activities are allowed?</b>	<ul style="list-style-type: none"> <li>Socialization only with household members, family, caretakers, romantic partner</li> <li>Only leave home for limited reasons such as essential shopping and exercise</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor recreation (e.g., hiking) and beach visits allowed with social distancing</li> <li>Other limited activities may be allowed with significant restrictions, e.g., drive-in activities</li> </ul>	<ul style="list-style-type: none"> <li>More activities with proper safeguards, capacity limitations, and sanitation protocols may reopen, e.g., libraries and museums</li> </ul>	<ul style="list-style-type: none"> <li>Higher-density settings may be considered with safeguards, e.g., limited entertainment, bars with limited capacity</li> </ul>
<b>Are childcare and education operating?</b>	<ul style="list-style-type: none"> <li>Child care open for children of essential workers</li> <li>K-12 and higher education engaged in distance learning</li> </ul>	<ul style="list-style-type: none"> <li>Child care may expand with capacity restrictions</li> <li>K-12 and higher education engaged in distance learning</li> </ul>	<ul style="list-style-type: none"> <li>Child care may expand with capacity restrictions</li> <li>Potential for some in-person learning with modifications in K-12 and higher education</li> <li>Summer school and summer camps may have limited in-person engagement if health conditions improve</li> </ul>	<ul style="list-style-type: none"> <li>Child care likely open for most</li> <li>K-12 and higher education may operate in person with reduced capacity</li> <li>Day and summer camps likely open for all with safeguards and modifications</li> </ul>
<b>Is public transit available?</b>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for essential workers</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) is no longer discouraged for any passengers</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>
<b>How do I take care of my loved ones and myself?</b>	<ul style="list-style-type: none"> <li>I stay at home as much as possible and check in virtually with my loved ones</li> <li>When I have to go outside, I wear a mask and stay 6ft away from others</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>I stay at home as much as possible and check in virtually with my loved ones</li> <li>When I have to go outside, I wear a mask and stay 6ft away from others</li> <li>I have access to elective healthcare</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>I continue to stay at home for the majority of my time</li> <li>I engage in small social activities with a limited circle of friends and family</li> <li>I can engage in some outdoor activities with social distancing</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>I follow all safety guidelines posted in public spaces, e.g., I anticipate and respect capacity limits at my local restaurants</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>

Widespread use of vaccine or life-saving treatment  
 In-person work can resume for all  
 Measures from previous stages may be swiftly reinstated if health conditions deteriorate

## WHAT DRIVES STAGES?



**Health indicators:**  
 New cases; hospitalizations; use of ICU; use of ventilators



**Availability of testing and contact tracing capacity per 100,000 residents**



**Healthcare system resiliency (beds, health workers, PPE)**



**Ability to effectively safeguard workplaces**



**Safeguarded child care, education, transit availability**



**Compliance of individuals and employers**